$oldsymbol{221St\ BSB}$ — Wiesbaden, Wackernheim, Dexheim

Newcomer information

Dexheim tour

Dexheim Army Community Service offers a new bus tour visiting interesting cities and locations to help get acquainted with your new community. For more information or to reserve a seat for the June 18 tour call mil 334-5716 or civ (06133) 69-622.

Newcomers coffee

Dexheim Army Community Service holds a newcomers coffee every month. Learn more about the community, how to get around and shop in Germany. For more information call mil334-5716.

Newcomers tour

Army Community Service hosts a community orientation for soldiers, civilians and their family members the last Wednesday of every month. The tour begins at 9 a.m. at ACS and ends with lunch at the Wiesbaden Dining Facility. This tour allows newcomers to experience the community visually without trying to locate facilities. Reservations must be made by 1 p.m. the day before the tour. For more information callmil 337-5034 or civ (0611) 705-5034. A Newcomers Class is held the first and third Monday from 6-7:30 p.m. at the American Arms Hotel. Stop by the Information Center at the Arms Hotel for more informa-

Welcome class

Army Family Team Building offers a Welcome to Wiesbaden class at the American Arms Hotel the first and third Monday of the month from 6-7:30 p.m. in Room 240. Classes are for active duty personnel, civilians, students and all family members. For more information call mil 337-5034 or civ (0611) 705-5034.

Loan Closet

Household items are available for loan to you and your family at no charge through

Army Community Service's Loan Closet. Basic living items include pots, pans, dishes, cooking and eating utensils, irons and ironing boards, coffee makers, toasters and microwave ovens. Children's items include booster seats, strollers, cribs, car seats, highchairs and sure gates. Callmil 337-5754 or civ (0611) 705-5754 for more information.

Center closure

The Newcomers Information Center in Room 240 at the American Arms Hotel will be closed for renovations June 23 to July 4. The staff apoligizes for the inconvenience.

Army Family Team Building

Wiesbaden/Dexheim Army Family Team Building offers training to spouses, civilians and family members including teens. Benefits of training include enhancing employment opportunities, promoting selfreliance, learning the ability to adapt to change with minimal stress and preparing families to face challenges of the military lifestyle. Classes are held every Tuesday from 9 a.m. to noon at Army Community Service in Hainerberg Housing. Night classes are held the second Tuesday of the month at Dexheim and the third Tuesday of the month in Hainerberg from 6-8 p.m. For more information call mil 337-5034 or civ (0611) 705-5034.

WIC-Overseas

The Women, Infants and Children Overseas program is available to eligible military families in Wiesbaden and Dexheim. For more information about the many programs and services available through WIC-O call mil 338-7366, civ (0611) 380-7366 or stop by the WIC-O office at Building 7005 in Wiesbaden's Crestview Housing.



Photos courtesy of Morale, Welfare and Recreation

More than golfing at Rheinblick

Following recent renovation and construction projects there's a new look to the Rheinblick Golf Course. After months of construction Rheinblick Golf Course opened its new winter garden May 15. The \$490,000 project added 100 spaces for customer seating, complete with a new bar, air conditioning and a spectacular view overlooking the Rhine Valley. An outdoor terrace seating an additional 80 people will open later this summer. The addition of the winter garden isn't the only new feature at Rheinblick. Thanks to a \$165,000 donation from the Rhein Main e.V. Golf Club both the men's and women's shower and locker rooms were completely renovated to include replacement of all water and drain pipes, electrical wiring, installation of new radiators and light fixtures, tiles and flooring. Photo above: a construction worker installs flooring for the new winter garden at Rheinblick Golf Course. Below: Golf club members enjoy the scenery and service of the winter garden during it's grand opening May 15.



Youth activities

Wiesbaden's Children and Youth Services is committed to providing a variety of positive recreational opportunities for all youth that are fun, educational and assist in developing self-esteem and promoting social responsibility, offi-

The Youth Services Complex in Hainerberg is open Monday through Thursday after school until 8 p.m. and from 3-8 p.m. Friday and Saturday for middle school students and until 11 p.m. for high school students. Students can participate in many team building and leadership clubs such as the Nike Swoosh, Torch and Keystone clubs. Other activities include cooking, fine arts, teen sports and power hour.

Check out the fun things for youth in the Wiesbaden area this summer.

Monthly barbecue — Get to know other youth in the community and what activities are available at the Youth Services monthly barbecue held the first Friday of each month at 3 p.m.

Tae Kwon Do classes — Youth Tae Kwon Do classes are held every Monday, Wednesday and Friday for youth age 7 and older. Beginner and advanced classes cost \$40 a month. To sign up call mil 337-5383 or civ (0611) 705-5383.

Ice cream party—Celebrate the end of the school year and the beginning of summer vacation by making a 30-foot banana split June 14 at 4 p.m. at the Youth Service

Complex in Hainerberg Housing. All youth in grades six through 12 may participate in this wacky, fun and delicious way to beat the heat.

Holiday Park—Join Youth Services on a trip to Holiday Park June 28. The trip is open to youth in grades six through 12 and costs \$25. Pick up a permission slip and reserve your seat by June 25 at the Youth Service complex in Hainerberg Housing.

End of School Dance — Celebrate the end of the school year with a blow-out bash at the Youth Services gym. The middle school dance will be held June 6 from 7-11:30 p.m. and June 13 for high school students. Entrance fee is \$5.

Movie Night—It's sci-fi movie

night June 7 at the Youth Services building in Hainerberg Housing. The movies start at 7 p.m. Cost is \$1 for members and \$2 for non-mem-

Union for details on summer activities for youth

Museum trip—Join YS for a trip to the Natural History Museum in Frankfurt June 11. This tip is open to youth in grades six through 12 and costs \$15 which includes transportation and entrance fee. Sign up at the YS complex.

Frankfurt Zoo — Get a closer look at the animals at the Frankfurt Zoo with YS June 21. Trip is open to students in grades six through 12. Cost is \$10 which includes transportation and entrance fee.

Jazzercise Jr. — Come groove to the hottest new songs and stay

fit in an eight-week session of jazzercise for youth at the Tony Bass Fitness Center June 23 through Aug. 13. Classes will be held every Monday and Wednesday at 9:30 a.m. and are open to children ages 8-13. For more information call mil 337-5943 or civ (0611) 705-5943.

Children's theater workshop— The Amelia Earhart Playhouse invites children ages 8-14 to participate in the 2003 Children's Theater Workshop June 23 to Aug. 2. Youth will be able to explore the magical world of live theater as well as perform during this time. Cost for the workshop is \$120. Sign up soon as this workshop fills up quick. Call mil 336-2473 or civ (0611) 816-2473 for more information.

Desert camp provides home away from home for deployed soldiers

By Capt. David Gercken 1st Armored Division Public Affairs Office

At first glance, Camp Pennsylvania looks like a barren desert expanse surrounded by concertina wire with a few tents, vehicles and shipping containers inside.

But a deeper look shows that there is a community inside that wire. And inside the larger community, there are several little communities.

Thousands of soldiers have made a temporary home at the camp during Operation Iraqi Freedom.

Now, soldiers of the 1st Armored Division are calling Camp Pennsylvania their home away from home. "Old Ironsides" soldiers began arriving at the camp in late April and the last members of the 13,000-soldier division were expected to arrive in mid-May.

Life is tough Life on the here. Getting camp is Spartan. things done is a Sand is everywhere and, somelot harder in the times, gusting heat and with winds ensure that the sand, but we it gets everywhere. But under get things done." the coating of

dust, soldiers can find almost everything they need to make the most of a challenging situation.

"Life is tough here," said Pfc. Derrol Fulghum, a public information specialist in Headquarters and Headquarters Company. "Getting division's noncommissioned offic-

things done is a lot harder in the heat and with the sand, but we get things done."

While this mini-city lacks formal infrastructure such as stores restaurants, schools, water, electric and sewer systems, these and other services exist at Camp Pennsylvania. This city's infrastructure comes in different forms. Water comes in bottles or in tank trailers. Generators rumble around the clock providing power. The sewer system consists of portable toilets located near soldiers' living areas.

Although it is in a tent, Camp Pennsylvania's restaurant serves more than 15,000 hot meals a day. The Army and Air Force Exchange Service may not be running a mall, but soldiers can purchase snacks and essentials in a mini-PX located in a trailer near the dining facility.

Soldiers can call their loved ones at a nearby telephone bank.

There is also a chapel that provides a variety of religious services and comes complete with air con-

ditioning. Chaplains and unit ministry teams from every unit support ally stop us," said Sgt. Pedro the chapel — working as a team to ensure that every soldier's religious and counseling needs are met.

The school system is run by the goggles and knock it out."

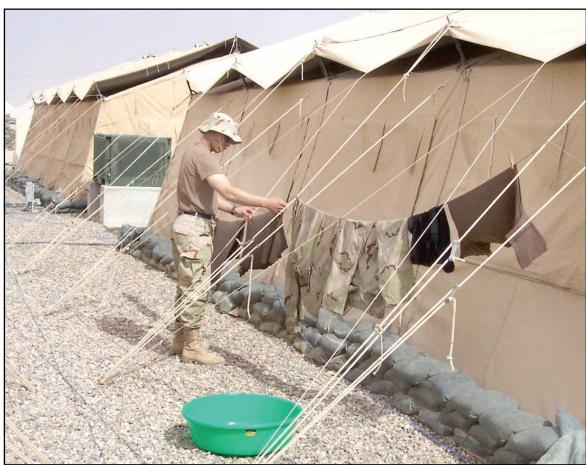


Photo by Capt. David Gercken

Although life is sometimes primitive on Camp Pennsylvania, soldiers find ways to get things done in the desert.

ers. Soldiers train daily in desert survival and military skills.

"The sand and wind never re-Campoverde, an ammunition team chief, Battery C, 1st Battalion, 4th Field Artillery. "We just put on our

In addition to individual train-

ing, soldiers train together with crew-served weapons. They learn how to man a checkpoint and travel via convoy through potentially hostile territory. They will know how to work as a team in their new surroundings in Iraq, officials said.

Like the soldiers who have al-

ready passed through its concertina wire gates, soldiers of the 1st AD will leave Camp Pennsylvania well prepared for what ever mission they are asked to handle, officials said, adding that having trained in the hot sun and lived under tough conditions, these Iron Soldiers are ready for whatever mission awaits.

Iron Soldiers ready for mission in Iraq

By Spc. Shauna McRoberts 1st Armored Division Public Affairs Office

The 1st Armored Division's Assault Command Post has headed for Baghdad, Iraq. Led by Lt. Col. Christopher Argo, commander of 1AD's 141st Signal Battalion, the convoy included elements from Headquarters and Headquarters Company, the 1st AD Band, 501st Military Police Company, Headquarters and Headquarters Battery, Artillery Brigade, as well as the U.S. Air Force.

"I'm ready to go," said Staff Sgt. Brandon Madison, a soldier assigned to the 1st AD

More than 75 vehicles will make the 15 hour trip to Baghdad. Once there, more than 200 soldiers in the ACP will work on establishing command and control and setting up communications, paving the way for the rest of the division to travel north.

"It's going to be a while before everything

is set up, but I think we're all prepared for it," said Sgt. 1st Class Gary Bartlett, the division fire support noncommissioned officer assigned to HHB, DIVARTY.

Though Iraq is still considered a hostile area, few soldiers expressed feelings of fear.

"I believe in this mission and I'll do it to the best of my ability," said Staff Sgt. Dillon Wiggins, of 1stAD HHC.

"I'm curious and excited," said Spc. Dean Smith, a military policeman with the 501st MP Co. "I'm ready to do the mission I've been trained to do."

"I feel good about moving north," said Sgt. Carlos Martin, a personnel specialist with HHC, 1st AD. "Our mission there is to protect the innocent."

"We're just excited to do our jobs," said Sgt. Sandrene Anthony, a combat medic assigned to HHC, 1st AD. "We'll complete the mission and get home to our families."



Photo by Capt. David Gercken

A soldier assigned to the 1st Armored Division checks the tire of his vehicle before departing from Camp Pennsylvania, Kuwait, for Baghdad, Iraq.

Things to do

Kick the habit

The Community Health Nurse hosts a Tobacco Cessation Group class beginning June 4 from 5-6 p.m. at Building 1526 at Wiesbaden Army Airfield. This eight-week class is open to soldiers, civilians and their family members. For more information call mil 337-5332 orciv(0611)705-5332.

Mexican night

Join the Kontakt Club for a dining out experience at the Hacienda Mexican restaurant in Wiesbaden-Biebrich May 30. A €10 refundable deposit is required. Call the 221st Base Support Battalion Public Affairs Officeatmil337-5772, civ(0611)705-5772 or Evelyn Zierer at civ (0160) $655\,5976$ for more information.

FRG training

Army Community Service hosts a Family Readiness Group networking session June 11 from 10-11 a.m. and an FRG Basic Leader Training June 25 from 10 a.m. to noon. To sign up call mil 337-5754 or civ (0611) 705-5754.

Learn to speak

Become a more confident speaker with the help of the Word-Weavers Toastmasters Club. Meetings are held the first and third Wednesday of the month at 7 p.m. at the Hotel Merkur in Wiesbaden-Nordenstadt. For more information email

president@word-weavers.de.

Rhine Aflame

Sign up now to join the Kontakt Club for Rhine Aflame July 5. This popular riverboat excursion includes dinner, live music and a large fireworks display along the Rhine River. Tickets cost €40 for members and €43 for non members. Reservations must be made by May 31. Call the 221st Base Support Battalion Public Affairs Office at mil 337-5772, civ (0611) 705-5772 or Evelyn Zierer at civ (0160) 655 5976 for more information.

Spouses Club luncheon set

The Wiesbaden Community Spouses Club hosts a luncheon June 18 at the Community Activity Center at Wiesbaden Army Airfield. Social hour begins at 10:30 a.m. For reservations call civ (0611) 565 7401 or 505 5712.

'Snoopy' time

The Amelia Earhart Playhouse presents "Snoopy!!!" the musical May 28-30, June 5-8 and 12-15 at 7:30 p.m. Cost is \$13 or €13 for adults and \$11 or €11 for students. Tickets are sold at both the Hainerberg and Wiesbaden Army Airfield United Services Organization offices. Call mil 336-2473 or civ (0611) 816 2473 for reservations.

Garbage piles up in BSB through not recycling

By Cassandra Kardeke 221st Base Support Battalion Public Affairs Office

s communities in the 221st Base Support Battalion took part in the annual Spring Cleanup, garbage began to pile up throughout the housing areas. But it wasn't just the fact that it was time for Spring Cleanup; trash piling up within the community is an ongoing problem.

"The main reason you see overflowing cans or dumpsters in our community is because not everyone disposes of his or her garbage correctly or makes use of the recycle bins that are located in the housing areas," said Master Sgt. Charles Venable, noncommissioned officer in charge with the 221st BSB Directorate of Public

Recycling in Germany is a way of everyday life and mandatory for all soldiers, civilians and their families stationed at installations throughout U.S. Army Europe.

To make recycling easier, individual trash containers have and are currently being delivered to every building in housing, and recycling pads have been placed within walking distance of every home. Yet many still find recycling to be a bit confusing and simply throw everything in the trash. Wiesbaden area residents disposed of over 5,000 tons of trash last year, much of it recyclable.

So just what goes in the trash and what gets recycled? The easiest thing to remember is that paper, glass, metal, plastics and clothing can all be recycled.

Located in the recycling pads, one can find two different colors of dumpsters. The blue is called the Altpapier bin. This is for paper prod-

ucts such as newspapers, magazines, catalogs, brochures, office paper and flat cardboard. "Basically, all types of paper can be put in the blue bin," said Venable. What cannot be placed in these containers are pizza boxes, milk cartons or photographic paper.

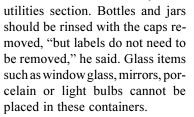
Staples, tape and plastic windows on envelopes must be removed from items before being discarded.

The yellow container is for the Gelbe Sack. Yellow bags are given free to residents to help ease the recycling process and can be picked up at the Home Improvement Store in Hainerberg Housing or at the exit lobby of the Wiesbaden Commissary. There are three main types of

items that can be discarded in the yellow bag — metal, including all aluminum cans, plates, lids and aluminum foil; plastic, including bags, bottles, jugs, bowls (such as margarine or yogurt containers) and Styrofoam; cartons, including milk cartons and vacuum-sealed bags.

Other containers found throughout housing include Altglass. These containers do not look like your typical "dumpster" and are normally subdivided into three containers with holes in the

> side. Each subdivision is labeled "clear," "green" and "brown" glass. "With these containers, just separate the glass by color and put them in the proper subdivision," said Rolf Dieter Schmitt, DPW



With just these simple steps, recycling can be done easily in the home and help the environment at the same time.

Keys available for new condos

By Alice Logan 221st Base Support Battalion Housing Division chief

Let's talk trash. By now you have seen the new trash container enclosures being placed throughout Hainerberg Housing.

The Directorate of Public Works has been hard at work placing these containers in the appropriate locations and making keys available to residents. So how do you get your keys?

Of the 800 keys for the appropriate containers only 700 to date have been issued. Keys are available through the Home Improvement Store in Hainerberg Housing Monday through Friday from 10 a.m. to 3 p.m.

Plans are underway to start a door-to-door distribution of the keys to those residents who have been unable to pick up their keys. These keys are accountable items and must be signed for and returned when clearing housing.

Once you receive your key, the 240-liter trash can must be placed in the enclosure with the handles

facing out. This means that each user must remove the can from the enclosure when placing trash in the container.

In order for the can to fit properly in the enclosure, the lid must be able to come completely down on the container, therefore, they cannot be overflowing. After placing the container back in the enclosure close the door and lock it. That's all there is to it.

The city of Wiesbaden has mas-

ter keys to enable them to remove and return the container from the enclosure when they pick up trash, however, they will not collect trash if the enclosure isn't properly secured or overflowing. This is where the importance of recycling comes in handy. By recycling your trash you will be able to overcome the problem of over-filling your garbage can. (See article above on recycling.)

For questions concerning the

new trash containers and enclosures contact the housing services office at mil 337-5310 or civ(0611)705-5310.

New garbage "condos" have been built throughout Hainerberg to house the 240-liter trash cans that were issued to residents late last year. Containers must be placed in the enclosures with handles facing out in order to fit properly in the enclosure.



Army Community Service news

New postal hours

The Wiesbaden Army Post Office, now located at Building 1030 at Wiesbaden Army Airfield, is open from 10 a.m. to 4 p.m. Monday to Wednesday and Friday and from 10 a.m. to 6 p.m. Thursday. For APO customer service call mil 337-5125 or civ (0611) 705-5125.

BOSS meeting

Better Opportunities for Single Soldiers meets the first and third Thursday of each month at 2 p.m. in the 221st Base Support Battalion conference room.

Commissary hours

The Wiesbaden Commissary is open from 10 a.m. to 8 p.m. Tuesday to Friday and 9 a.m. to 7 p.m. Saturday and Sunday. Early Bird hours have been discontinued.

AAFES special

The Army and Air Force Exchange Service now offers CertifiChecks for deployed soldiers. Similar to gift certificates CertifiChecks are redeemable at any AAFES location. Check out www.aafes.com to find out more.

Religious services

Wiesbaden Army Airfield Chapel holds Protestant services at 10 a.m., Gospel services at 12:45 p.m. and Catholic Services at 5 p.m. Sunday. Hainerberg Chapel features Catholic services at 9 a.m. and Protestant services at 11 a.m. Sunday. For more information call mil 337-1570 or civ(0611)705-1570.

Story time

Morale, Welfare and Recreation hosts Story Time at the Hainerberg Food Court every Tuesday at 10 a.m. Participating children receive a meal for \$1.99.

Scouting in Wiesbaden

Bored? New in town? Make new friends and get together with old ones with Wiesbaden Scouts. Sign up today — Girl Scouts, call civ (0611) 974 4943; Boy Scouts, call civ (0611) 520 532 or (0611) 927-9857.

Bowling specials

Check out what's new at the Wiesbaden Bowling Center at Wiesbaden Army Airfield. Bowl for 50 cents Wednesdays and Fridays from 11 a.m. to 2 p.m. Bowl a strike when the head pin is red on Wednesday or Sunday and the game is free. Family Day is Sunday — children 11 and under bowl free. Watch out for "Bob Day." If your name is Bob, come bowl for half price June 20 at

5 p.m. For more information on bowling specials call mil 337-5654 or civ (0611)705-5654.

Fitness specials

The Tony Bass Fitness Center at Wiesbaden Army Airfield offers dollar days on aerobics, yoga and jazzercise classes. Tickets can be purchased at the front desk. Jazzercise classes are held every Monday and Wednesday at 10:30 a.m. at TBFC and Thursdays at 6:30 p.m. at Aukamm Elementary School. Yoga classes are held every Monday at 7:30 p.m. at the fitness center. For more information call mil 337-5943 or civ(0611)705-5943.

IACS registration

Registration is ongoing for the new Installation Access Control System at Wiesbaden Army Airfield and Anderson Barracks in Dexheim. Dependents do not need to wait or be accompanied by their sponsor. Just bring their current military Identification Card. Registration is located in Building 1041 at Wiesbaden Army Airfield (the former location of CMR 430) and at the Military Police station on Anderson Barracks.

Sponsorship training

The Army Community Service Relocation Readiness Program offers a unit sponsorship class June 11 from 2-4 p.m. at ACS. Units wishing to schedule a different day can call the relocation manager at mil 337-5034 or civ(0611)705-5034 for assistance.

Supplemental aid

The Family Subsistence Supplemental Allowance program offers eligible active duty service members to increase the basic allowance for subsistence up to \$500 a month. Eligibility is based on gross income of the entire household. For



Photo by Cassandra Kardeke

Caught up on shots

Chad Erickson gets a tetanus shot from Petra Dean, a Wiesbaden Health Clinic immunization nurse, during the clinic's youth sports and school physical clinic held at the Youth Services gym May 12. Over 300 youths took advantage of the free service which included all required immunizations.

more information call mil 337-5754 or civ (0611) 705-5754.

Free classes

The Wiesbaden Women, Infants and Children program offers free educational classes the last Friday of each month. Infant through 2-year-old classes are from 9-10 a.m. Classes for parents of 3-5year olds are from 10-11 a.m. Pregnancy and breastfeeding classes are held from 1:30-2:30 p.m. All classes are free and open to the public. Call civ (0611) 380-7366 to sign up.

McCully ACS

Army Community Service programs are now available at McCully Barracks every Wednesday and Friday. Services include Army Emergency Relief, Financial Readiness Planning, Family Advocacy Program, Family Member Employment Assistance, volunteer information, relocation assistance and unit and

community training. ACS is located in the Soldier's Center, Building 6212 and can be reached at mil 334-4786 or civ (06132) 508 786.

Stress classes

Anger and stress management classes are held through Social Work Services. For more information or to sign up call mil 337-5297 or civ (0611) 705-5297.

Financial readiness

Dexheim Army Community Service offers free classes on Leave and Earning Statement basics, debt liquidation, banking and credit services, budget development and record keeping, using credit wisely, insurance and consumer rights. Call mil 334-5827 to sign up.

Anger management help

Social Work Services offers a four-week anger management

group that teaches relaxation and self-calming skills that help you deal with adaptive responses when struggling with anger provoking situations. To sign up call mil 337-5297 or civ (0611) 705-5297.

Couple communication class

With the high stress of deployments and long separations, couples are encouraged to attend a hands-on interactive class to help new and seasoned couples increase skills in communication, understanding intimacy styles of effective ways of resolving conflict. For more information or to sign up call mil 337-5297 or civ (0611) 705-5297.

Victim support

Social Work Services offers a weekly Victim Support group to help educate, empower, motivate and support people experiencing or who have experienced abuse. For more information call mil 337-5297 or civ (0611) 705-5297.

Planning a successful move

Know what to do when making a Permanent Change of Station move. Get free training and PCS tips at Army Community Service. Classes are held the last Tuesday of each month. Call ACS at mil 337-5034 or civ (0611) 705-5034.

May biathlon

A 20-kilometer bike race and 10-kilometer run biathlonwill be held May 31 at the Dexheim Sports and Fitness Center. Registration is from 8-10:30 a.m. the day of the race.

Go skydiving

Skydiving is available through Wiesbaden and Dexheim Outdoor Recreation centers. For more informationcallmil337-5760,334-5818 or civ(06133)69818.

Gate construction affects, benefits all

By Ignacio "Iggy" Rubalcava

222nd Base Support Battalion Public Affairs Office

The guard shack that stood at the entrance to Smith Barracks is no more than a memory now that construction of a new gate is under

Construction on the main gate began March 17, but the project started affecting people even before then. Shortly before construction began motorists and pedestrians who wanted to enter post via the main gate discovering that the

gate was boarded up and Baumholder was "closed."

2003 Construction update

Since then motorists and pedestrians have adjusted to the minor inconvenience of entering Smith barracks through one of its other entry points.

"Essentially it's a whole new gate," said Jamie McCormick, Army Corps of Engineers project officer. "We've demolished the existing gate and we're installing new ID check booths, a covered search area with in-floor and ceiling lighting and a new guard house," she said.

The new gate will include three

entry lanes that McCormick feels will increase the speed of access to Smith Barracks, one exit lane and a turnaround area.

The old vehicle check point area allowed for only three or four vehicles to be checked at one time, which often backed up traffic during peak hours. The new gate will include 18 areas for vehicle searches and inspections. "It actually extends lower down the hill closer to Peach Street.

The ID area is lower down the hill and the search area is approximately where the old guard shack

used to be," said McCormick.

"It's going to be a more secure entry

way," said McCormick.

The Army Corps of Engineers is overseeing the details and specifications of the construction and SKEMaintenance GmbH and Co KG from Mannheim are performing the work. The concept and design for the new entrance was drawn up by the 104th Area Support Group Directorate of Public Works.

In all the new entrance is expected to benefit both the security force and motorists and has a price tag of €996,414.



Photo by Ignacio "Iggy" Rubalcava

A pile of dirt and gravel now covers the site of the old guard shack at the entrance to Smith Barracks. The new entrance to Baumholder will feature 18 stations for vehicle checks and inspections and is expected to expedite traffic flow onto the installation.

Red Cross honors volunteers

By Sarah Goldfeder Schmidt Red Cross volunteer

The American Red Cross in Baumholder acknowledged the help of two groups and one individual during its annual volunteer recognition luncheon May 8. The **Baumholder Community Spouses** Club and Christine Doboszenski received Good Neighbor awards for their overall support and assistance to the community and specifically for their partnerships with the American Red Cross.

The commissary and its manager, Reed Leader, were acknowledged for supporting the American Red Cross mission of providing good cheer to deployed troops.

The annual event was hosted by Jacquie Mack, field office coordinator.

After the meal Lt. Co. Todd A. Buchs, 222nd Base Support Battalcommander, George Georgakous, Red Cross hub manager, and Glenn Alexander, assistant station manger, all spoke of their appreciation for work volunteers do. Buchs noted that American Red Cross volunteers serve in many ways, from enhancing the

service at the dental and health clinics to ensuring that emergency messages are received by service members in a timely manner.

Lt. Col. Frank Bannister, Baumholder Clinic commander, and Lt. Col. Grace Franklin, chief nurse, represented the health clinic. American Red Cross volunteers assist in the clinic with medical records, in the laboratory and at the central appointment desk. This work is crucial in providing prompt and courteous service to both soldiers and family members alike.

Col. Eldon Mitchell, Baumholder Dental Activity, was also on hand to recognize one of the most noteworthy programs for volunteers on military installations. The Dental Assistant Program Officer in Charge, Capt. Trina Collins, oversees this program that allows volunteers to learn a skill while contributing to the community. Participants in the Dental Assistant Program assist in the clinic providing direct patient care. Other volunteers in the Dental Clinic work with medical records, as receptionists and as a dental technician.

Mack acknowledged volunteers within the Red Cross office where

they provide continuity of service. Routine office work is augmented on a daily basis by the work volunteers do. Red Cross volunteers support the mission of the Red Cross **Armed Forces Emergency Services** by assisting with casework and maintaining the lines of communication between military families overseas, their families and the command.

Some of the most important work done by the American Red Cross in the armed forces is maintaining an upbeat morale in both service members and their families. Betty Harter was singled out for her contribution to the organization of special activities such as the Coffee Break program. Sarah Schmidt recognized volunteer instructors who teach valuable skills through the Red Cross First Aid and CPR program to community youth in baby sitting classes and lifeguarding and water safety skills courses.

This annual recognition allows the community to thank volunteers for their contributions. All involved with the event agreed that volunteers help maintain the high quality of life that makes Baumholder a unique community.



Photo by Ignacio "Iggy" Rublacava

Johnnisha Rice, a Red Cross volunteer, helps herself to a snack during the Red Cross volunteer recognition luncheon.

MWR calendar loaded with outdoor action

By Heather Ybarra Morale, Welfare and Recreation Marketing

June is almost here, school will soon be out, summer is upon us and Morale, Welfare and Recreation has its calendar full of activities for everyone to enjoy.

Rolling Hills Golf Course and the Baumholder Bowling Center are offering activities that will allow customers the opportunity to win great prizes.

At Rolling Hills golfers who find a red ball in their bucket of balls at the driving range become instant winners and can also enter to win a great golf escape vacation.

The Baumholder Bowling Center is playing Mystery Bowl II. Enter to win prizes all summer

On June 26 Rolling Hills GolfCourse will have a Nike Demo Day. Come out and try many of the Nike brand products and receive a discount on any Nike product bought in the pro shop.

Heineken will be on hand to conduct a tasting and give away some merchandise. The fun starts at noon.

The Baumholder Rod and Gun Club has many different activities planned throughout the month of June. Every Thursday night is Cinema Night.

Children can enjoy a movie with free popcorn and Kool Aid from 5-7 p.m. On June 7 youths can bring out their toys, games and clothes to sell at the Kids Flea Market from noon to 4 p.m. There are sure to be many items they will want to purchase as well.

Kiddie Bingo is June 22 from 3-5 p.m. Children can enjoy the game of bingo and win some great toy prizes as well. Don't worry, mothers, you aren't forgotten. White Elephant Bingo will be held June 18 from 7:30-



Photo by Ignacio "Iggy" Rubalcava

Brandt Gardner, retail operator at Baumholder's Rod and Gun Club, and Mary Jane Spreier, club manager, show off their seasonal sign outside the renovated facility. The sign is changed depending on the season of the the year. Now, however, is the season to show support for the deployed force.

10 p.m. Bring in items from your home to be used as prizes.

Step It, Cycle It or Walk It all the way to Garmisch without leav-Baumholder. ing Through Aug. 15 you can participate in our Trek to Garmisch challenge. Simply come out to any of the gyms in Baumholder, Strassburg, or Neubrücke and go the distance to Garmisch (300 miles). Simply sign up and every time you use the stairmaster, stationary bike or treadmill, record your mileage.

If you reach 300 miles before Aug. 15, you will be entered to win the grand prize of a sports week for two to Garmisch, valued at \$550. There will be many other prizes as well, so what are you waiting

Amusement parks, adventure and sight-seeing -Baumholder Outdoor Recreation has many trips planned for June.

June 1, Six Flags Holland June 7, White Water Kayaking

June 7, Paris City Express June 7, Metz Flea Market June 8, Six Flags Belgium June 10, Sea Kayaking

June 14-15, Paragliding Course

June 20-22, Camping in Garmisch

June 21, Metz Flea Market June 22, Legoland June 24, Sea Kayaking June 28-29, Paragliding

Whatever you enjoy, Baumholder MWR is sure to have something for you to do this summer.

Watch for more information on our American Pride Celebration on July 4 at Minnick Field. This will be a day you won't want to miss.

Coupon rules

Commissaries will start enforcing new policy revisions June 1 that limit coupon use to only one per item unless otherwise specified on a coupon. "We still gladly welcome the use of coupons. We're only limiting the number of coupons a customer can use per item to what is specifically stated on the coupons. If the coupons state more than one per item can be used, then we'll accept them. If it doesn't, then we'll accept only one per item," said Bob Vitikacs, the Defense Commissary Agency's executive director for operations and product sup-

Online seminars

Service Credit Union offers free online seminars to its members. The next online seminar, scheduled for June 18, is: Buying and Borrowing —Information You Need To Know Before Your Next Real Estate Purchase.

This 60-minute seminar will

- The current state of the housing market
- How to find a home that fits your needs
- What you should look for in a mortgage and much more.

SCU's real estate experts along with Re/Max will be available to answer questions after the seminar.

To find out more about SCUs

ost notes

free online seminars or to sign up SCU's website at www.servicecu.org or visit your local SCU branch office.

Deployment tip

If you are going back to the States during this deployment, you should inform your unit rear detachment commander and provide an emergency contact number to the unit. Provide a phone number, address and email if possible. The email will be the only means of communication you can expect from the unit if you depart Baumholder.

Save a life

Want to be a lifesaver? Interested in the prospect of saving up to three lives with just one easy act? Then be a blood donor. All blood products are used for military treatment facilities and emergencies. But, the supply doesn't always meet the demand. Donate blood and become someone's hero.

Come out and support your unit and the Armed Forces Blood Program. The blood drive will be held at the Baumholder Dental Clinic May 27 from 9 a.m. to 4 p.m. Call for more information or to set up an appointment time. Walk-ins are always welcome. Why not bring a friend? Ask for Fran Gernert at mil 4852210/2211 orciv(06783)992210/992

Tax center relocates

The Baumholder Tax Center has relocated to the first floor of the Legal Center, Building 8222 and is open to serve customers through

The center is open Mondays through Thursdays from 9 a.m. to 5 p.m. and Fridays from 9 a.m. to 3 p.m. For more information call mil 485-

AAFES is hiring

The Army and Air Force Exchange Service is looking for team members. Apply online by going to www.aafes.com and click on employment, or pick up a paper application at one of their recruitment offices located at Baumholder in Building 8402, Vogelweh at Building 2011 or at Ramstein in Building

Starting pay for food service is \$7.89 an hour and \$7.33 an hour for most retail positions.

AFTB Level I

Army Family Team Building Level I is offered June 4 from 8:30 a.m. to 2 p.m. in the AFTB classroom, Building 8745, Room 11.

AFTB Level I is an introductory class targeted toward people new to the Army or anyone interested in updating personal skills or basic Army knowledge. Classes are free and child care is available on a first come, first served basis. For more information contact Jana Dye at mil 485-8188 or civ (06783) 6-8188.

Support groups

A support group for military spouses to help them network, offer or receive support and get together so they can discuss various issues about being military spouses meets at noon the first and third Tuesday of every month at Iron Kids Playground.

All classes are free and children are welcome. Contact Melissa R. Petrone at mil 485-8188 or civ (06783) 6-8188.

Expectant moms

A support group for mothers who are expecting meets regularly at the Army Community Service lounge. The group is for pregnant spouses and service member and offers an opportunity to get together and offer wisdom and support to one another. All classes are free. Contact Melissa R. Petrone at mil485-8188 or civ(06783)6-8188 for information or to sign up for this class.

Careers

The Employment Readiness Program offers career enhancement classes every second Wednesday from 9-11 a.m. in the ACS conference room. Classes include Your Life's Portfolio, Job Search, How to Write a Winning Resume, and Follow Up, Filling Out Job Applications. These classes are intended to help improve and market careers. Classes are open to spouses and family members. For more information or to sign up call Camille Jackson at civ (06783) 6-8188.

Interviewing class

The Employment Readiness Program at Baumholder ACS offers Interviewing for Success classes the first Wednesday of each month. The first class meets June 18 from 9-11 a.m. in the ACS conference room.

The class will assist job seekers epare for an interview, discuss frequently asked and difficult to answer questions, and how to dress. Participants are given possible interviewing scenarios and asked to discuss appropriate responses and reactions. Research is introduced from current career assistance publications, Internet and employment experts. They are shown how to research the hiring organization and prepare for the interview.

New mailroom does double duty

By Ignacio "Iggy" Rubalcava 222nd Base Support Battalion Public
Affairs Office

The new Baumholder consolidated mailroom is seeing a lot of business these days. Not only is the 12-member staff of the mailroom having to pitch mail into more than 6,000 active mailboxes, they are also receiving all mail for deployed soldiers, processing it and forwarding it down range.

"It's really busy. We really get jammed with a lot of mail because of the deployment. Our work has doubled because we get the mail in here and then we have to direct all that mail to where they're at, so it's double work for us," said Idalia Leza, consolidated mailroom supervisor.

"This is a phenomenal effort," said Lt. Col. Todd A Buchs, 222nd Base Support Battalion commander. "These folks have really, truly worked 24 hours a day to make this happen down there," he said. "Go down to the mail room and see the thousands — not hundreds — thousands of boxes and mail that they deal with every single day," he said while recognizing their efforts at a special 222nd BSB awards presentation.

"Amidst all that, as soldiers were flying out, I personally saw Idalia and Bill (Bill Kalavsky, 222nd BSB adjutant) in the Hall of Champions, the manifest site, at 2 o'clock in the morning, at 4 o'clock in the morning, so as soldiers went, they had their final chance to make sure their mail got forwarded down range. They sacrificed many nights and early mornings to make sure that that happened for the soldiers," he said.

"We started moving into the facility in August of last year," said Leza. The units were moved in slowly and the last unit was in place about two weeks ago.

The new facility eliminates the need for soldiers to be assigned as mail clerks in each unit because the facility is operated by civilians, allowing the soldiers to concentrate more on training and readiness.

Benefits for the Baumholder community include bigger mail boxes and better hours. The hours are now longer since the facility opens from 10:30 a.m. to 6 p.m. Mondays through Fridays.

There are also plans to make the facility a one-stop facility that meets all the postal requirements of the community. "The future plan is to have the APO in here also," said



Photos by Ignacio "Iggy" Rubalcava

Yon Buck double checks a deployed soldier's address before forwarding his mail down range.

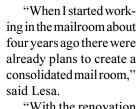
Leza

"Most of the people like the new facility because the boxes are bigger and nicer and the hours are better. It's a brand new building and people like that," said Leza.

About the only drawback to the facility is the familiarity that customers had with their old mailroom clerks, who often provided small personal favors such as retrieving mail out of peoples' boxes, "but most of the feedback is positive," said Leza.

"We have about 6,000 active boxes and that means we have a lot of customers. We get to know some of them, but not all of them," she said.

The concept for a consolidated mailroom did not happen overnight, nor was it constructed overnight.



"With the renovation of the barracks (which started about six years ago) we eliminated all the unit mailrooms in the barracks," said Charlie Huebner, from Baumholder's 222nd Base Support Battalion Directorate of Public



Ron Alexander loads up a van with mail for deployed soldiers.

Works.

'I approached USAREUR and said you're throwing all the mailrooms out of the barracks with the renovation, what about giving us some money for a mailroom?" said Huebner.

USAREUR eventually conceded and coughed up about \$1 million for a mailroom. That was about six years ago and the next question was, where will the new facility be

Many locations were put on the table for discussion until it was decided to use the old Iron Soldier Club facility.



Penny Eagans labels a package before storing it.

"It's altogether a nicer facility," said Leza. It's all together in here instead of having different locations everywhere," she said.

Although the facility has been operational for a few months, the official name is still in question, at least for community mem-

Some call it the community mailroom while others call it the consolidated mail.

Call it what you want, but if you call it the new "CMR," you'll not only be talking about the new facility, you'll also be talking about the 12-member crew that's keeping the lines of communication open between family members and soldiers down range.



Idalia Leza watches as Jennifer Gatling and Penny Egans store a heavy package.

Neubrücke saves memories for deployed parents

By Ignacio "Iggy" Rubalcava 222nd Base Support Battalion Public Affairs Office

Neubrücke families will soon be pulling all their memories out of shoe boxes and preserving them in patriotic scrap books so that husbands and fathers can catch up on all those special moments they missed while they were in Iraq.

The scrapbook club, organized by Veronica Kulka, will meet twice a month at Neubrücke Elementary School. Kulka, who volunteers at the school and is the PTA president- elect for the next school year, enlisted the assistance and support of Wayne Dozark, school principal, to help make the project a reality.

Dozark is providing the parents a place to meet, work on their scrapbooks and socialize.

Twice a month

"We'll meet twice a month at the school for a couple of hours, have potlucks and have the sixth-graders and seventh-graders keep an eye on the little ones so the moms get some time together to do something special for the dads for when they come home," said Kulka.

Being a member of one of Baumholder's more isolated and often forgotten satellite communities has not hindered Kulka's ef-



Typpi Swan prepares a scrapbook page. She will be aiding Veronica Kulka with the project.

forts to make the scrapbook project happen. The project, in fact, has 100 percent support from Creative Memories, a company founded in St. Cloud, Minn., which provides photo storage products that include photo-safe albums, mounting products and album making supplies.

The company is donating all the supplies

that Neubrücke families will need to preserve those special moments for returning fathers and husbands.

"My sister contacted Beth Hahn, a district manager for Creative Memories in New Jersey. She was going to give us a good discount, but she was so moved that we're doing this specifically for deployed spouses

that she decided instead to donate all the supplies," said Kulka.

Hahn has also petitioned Creative Memories and the company's consultants for assistance with this project, according to Kulka.

"I think it's important to keep, to save, to know, so that these dads know what we went through, good, bad, great, you know, fun, whatever, so the dads know what we've done while they were gone.

"That's all it is really," said Kulka

Create scrapbooks

"So we're going to take newspaper articles, pictures of our children, recitals, graduations, baby's first teeth, first steps, digitals, whatever we need to create our scrapbooks. You can accumulate a lot when you read the Stars and Stripes and the Herald Union and take pictures of your kids," she said.

"Of course I'll mail my husband pictures. Wives will mail their husbands information and other stuff but nothing that's got a special touch to it that the kids and moms worked together to create.

"So we're going to come together as a group twice a month and create the scrapbook so when the dads come home they'll have everything for that whole year that they missed in a book. They can reminisce about it and say, this is great," said Kulka.